

**The Skeptic Zone**

**Show 374 - 20 Dec 2015**



**Jake Farr-Wharton**

1  
00:00:22,790 --> 00:00:09,080  
welcome to the skeptic zone the podcast

2  
00:00:29,880 --> 00:00:25,440  
hello and welcome to the skeptic zone

3  
00:00:32,790 --> 00:00:29,890  
episode number 374 for the twentieth of

4  
00:00:36,000 --> 00:00:32,800  
December 2015 Richard Saunders here with

5  
00:00:38,820 --> 00:00:36,010  
you from Sydney Australia it's hot it's

6  
00:00:40,890 --> 00:00:38,830  
so hot there should be a joke now it's

7  
00:00:43,680 --> 00:00:40,900  
so hard to Sydney that I just can't

8  
00:00:50,250 --> 00:00:43,690  
leave one because it's too hot yes it's

9  
00:00:52,560 --> 00:00:50,260  
too hot even Santa fell off the sled

10  
00:00:55,140 --> 00:00:52,570  
there it's so hot never mind coming up

11  
00:00:57,000 --> 00:00:55,150  
on this week's skeptic zone may night

12  
00:00:59,639 --> 00:00:57,010  
interviews Jake far Wharton who was a

13  
00:01:01,139 --> 00:00:59,649

speaker at the Australian skeptics

14

00:01:04,710 --> 00:01:01,149

National Convention Jake's going to be

15

00:01:06,660 --> 00:01:04,720

talking about diets and other things an

16

00:01:09,990 --> 00:01:06,670

interesting man he also does a podcast

17

00:01:13,530 --> 00:01:10,000

he does comedy he's a stand-up comedian

18

00:01:17,180 --> 00:01:13,540

and last year he was part of the James

19

00:01:20,160 --> 00:01:17,190

Randi tour which I was involved with and

20

00:01:22,499 --> 00:01:20,170

I'm it up with Jake in Perth last year

21

00:01:24,719 --> 00:01:22,509

as I remember anyway coming up at the

22

00:01:27,630 --> 00:01:24,729

top of the show Maynard talks to Jake

23

00:01:29,850 --> 00:01:27,640

about all sorts of things following that

24

00:01:33,930 --> 00:01:29,860

it's a news report just came out today

25

00:01:37,590 --> 00:01:33,940

here in Australia about those bizarre

26  
00:01:40,440 --> 00:01:37,600  
crazy wacky loony Marvin I'm remember

27  
00:01:44,249 --> 00:01:40,450  
that andy vaccination crowd who are

28  
00:01:45,960 --> 00:01:44,259  
actually they jump the shark years ago

29  
00:01:47,760 --> 00:01:45,970  
but they continue to do they line up

30  
00:01:49,139 --> 00:01:47,770  
more sharks to jump with their foot in

31  
00:01:51,960 --> 00:01:49,149  
their mouth at the same time it's quite

32  
00:01:55,109 --> 00:01:51,970  
a sight to see now they've been accused

33  
00:01:58,169 --> 00:01:55,119  
of vandalizing hospitals and other areas

34  
00:02:00,900 --> 00:01:58,179  
to rip down vaccination posters and

35  
00:02:02,070 --> 00:02:00,910  
steal vaccination leaflets I don't know

36  
00:02:03,839 --> 00:02:02,080  
if you can actually steal them if

37  
00:02:07,199 --> 00:02:03,849  
they're there to take anyway but you get

38  
00:02:10,169 --> 00:02:07,209

my meaning Moo every time you think they

39

00:02:11,670 --> 00:02:10,179

can't get any lower they do they do if

40

00:02:15,510 --> 00:02:11,680

you remember last week we brought you

41

00:02:18,690 --> 00:02:15,520

the story of a mum I up in Queensland

42

00:02:21,809 --> 00:02:18,700

who was offering chicken pox parties and

43

00:02:23,839 --> 00:02:21,819

of course the thought occurred to me

44

00:02:27,120 --> 00:02:23,849

during the week and other people too is

45

00:02:30,590 --> 00:02:27,130

that she's condemning those kids who get

46

00:02:33,570 --> 00:02:30,600

chicken pox in the years to come like me

47

00:02:38,830 --> 00:02:33,580

to possibly getting shingles

48

00:02:41,920 --> 00:02:38,840

Bravo well done what a what a what a

49

00:02:44,050 --> 00:02:41,930

smart thing to do mm-hmm anyway coming

50

00:02:46,839 --> 00:02:44,060

up there'll be a report as featured in

51  
00:02:49,870 --> 00:02:46,849  
The Telegraph The Daily Telegraph about

52  
00:02:51,790 --> 00:02:49,880  
these anti-vaxxers vandalizing hospitals

53  
00:02:53,440 --> 00:02:51,800  
and other areas and after that it's a

54  
00:02:57,309 --> 00:02:53,450  
week in science from the Royal firm that

55  
00:02:59,710 --> 00:02:57,319  
what oh it's not their own holidays hmm

56  
00:03:02,199 --> 00:02:59,720  
even the Royal Institution of Australia

57  
00:03:04,120 --> 00:03:02,209  
has to have holidays some time there's

58  
00:03:07,360 --> 00:03:04,130  
no weakened science this week and next

59  
00:03:09,039 --> 00:03:07,370  
week no dear I know you'll miss it but

60  
00:03:11,920 --> 00:03:09,049  
don't worry it'll be back in the new

61  
00:03:14,680 --> 00:03:11,930  
year then it's evidence please with Joe

62  
00:03:16,809 --> 00:03:14,690  
alabaster Joe's going to read to us a

63  
00:03:19,059 --> 00:03:16,819

letter written by the vice president's

64

00:03:21,759 --> 00:03:19,069

of our friends at the Friends of science

65

00:03:24,250 --> 00:03:21,769

and medicine professor Rob Morrison an

66

00:03:28,449 --> 00:03:24,260

old friend of the skeptic zone and one

67

00:03:30,970 --> 00:03:28,459

of the curiosity show team and professor

68

00:03:32,589 --> 00:03:30,980

Alistair mclennan both these men have

69

00:03:34,920 --> 00:03:32,599

received the order of australia very

70

00:03:38,470 --> 00:03:34,930

prestigious move penned this letter

71

00:03:41,620 --> 00:03:38,480

asking the government why valuable

72

00:03:43,840 --> 00:03:41,630

resources are spent on pseudoscience a

73

00:03:47,410 --> 00:03:43,850

good letter Joe will be reading that out

74

00:03:50,110 --> 00:03:47,420

to round off the skeptic zone thanks to

75

00:03:52,360 --> 00:03:50,120

those people who dropped by the mr. Katz

76

00:03:54,759 --> 00:03:52,370

origami jewelry stall at the glebe

77

00:03:57,309 --> 00:03:54,769

markets here in Sydney just yesterday it

78

00:03:59,500 --> 00:03:57,319

was a roasting hot day but it was nice

79

00:04:02,740 --> 00:03:59,510

that some people came up to say hello

80

00:04:04,330 --> 00:04:02,750

and hello back to you I might do some

81

00:04:06,940 --> 00:04:04,340

more markets but I think I'll wait till

82

00:04:10,330 --> 00:04:06,950

the to the weather cools down a little

83

00:04:12,759 --> 00:04:10,340

bit and it's good because the money I

84

00:04:14,800 --> 00:04:12,769

make from doing the mr. Katz origami

85

00:04:16,509 --> 00:04:14,810

jewelry goes directly to helping the

86

00:04:18,370 --> 00:04:16,519

skeptic zone so thank you very much

87

00:04:20,650 --> 00:04:18,380

indeed but now it's time for me to go

88

00:04:24,510 --> 00:04:20,660

nowhere because I have in front of me

89

00:04:34,629 --> 00:04:24,520

one of my favorite snacks of all time

90

00:04:36,040 --> 00:04:34,639

here we go haha hmm peanuts while I'm

91

00:04:53,200 --> 00:04:36,050

munching on those peanuts I hope you

92

00:05:01,430 --> 00:04:58,399

here's my not spooky action at the

93

00:05:06,480 --> 00:05:04,290

I'm speaking to you now from inside it's

94

00:05:08,730 --> 00:05:06,490

a ballet room with the ballet but will

95

00:05:10,680 --> 00:05:08,740

be I knew if I got here look I love your

96

00:05:12,840 --> 00:05:10,690

ballet outfit to thank you so much its

97

00:05:15,420 --> 00:05:12,850

Jake fire warden from the great podcast

98

00:05:16,860 --> 00:05:15,430

the imaginary friendship and people have

99

00:05:18,450 --> 00:05:16,870

heard you on also you've been on a lot

100

00:05:19,560 --> 00:05:18,460

of great atheist podcast cognitive

101  
00:05:21,720 --> 00:05:19,570  
dissidence you love those guys

102  
00:05:23,820 --> 00:05:21,730  
absolutely there i would consider them

103  
00:05:25,230 --> 00:05:23,830  
some of my best friends hmmm and and

104  
00:05:26,910 --> 00:05:25,240  
they don't pull any punches anyway and

105  
00:05:29,190 --> 00:05:26,920  
they just say things that are so wrong

106  
00:05:30,660 --> 00:05:29,200  
but then again you do too well I am

107  
00:05:33,000 --> 00:05:30,670  
pretty wrong most of the time actually

108  
00:05:34,650 --> 00:05:33,010  
it's pretty much my default setting

109  
00:05:38,070 --> 00:05:34,660  
actually I look you talking today about

110  
00:05:39,810 --> 00:05:38,080  
diets there I knew you normally you'd be

111  
00:05:41,510 --> 00:05:39,820  
a bit more hardcore newer on stage or a

112  
00:05:44,850 --> 00:05:41,520  
bit more in educational mode today

113  
00:05:47,640 --> 00:05:44,860

absolutely well i think you know picking

114

00:05:50,280 --> 00:05:47,650

the the talk for the type of audience is

115

00:05:52,740 --> 00:05:50,290

obviously necessary and I mean in this

116

00:05:53,790 --> 00:05:52,750

case they are skeptics and they don't

117

00:05:56,640 --> 00:05:53,800

need to be all that were obviously

118

00:05:59,700 --> 00:05:56,650

talking to the converted I suppose in

119

00:06:01,890 --> 00:05:59,710

many ways although my topic was one of

120

00:06:03,840 --> 00:06:01,900

those ones that I know I personally have

121

00:06:06,210 --> 00:06:03,850

been suckered into diet scams I've been

122

00:06:08,760 --> 00:06:06,220

personally suck it into diet pill scans

123

00:06:11,550 --> 00:06:08,770

etc you know so-called scams I'm raising

124

00:06:13,170 --> 00:06:11,560

my fingers in inverted commas so so

125

00:06:15,930 --> 00:06:13,180

certainly it's one that we don't need to

126

00:06:17,580 --> 00:06:15,940

be we don't need to yell about but it is

127

00:06:21,360 --> 00:06:17,590

definitely one that we need to discuss

128

00:06:23,190 --> 00:06:21,370

in a rational level-headed way look I've

129

00:06:25,470 --> 00:06:23,200

managed to knock my weight down to 74

130

00:06:27,180 --> 00:06:25,480

kilograms and that is look amazing the

131

00:06:29,700 --> 00:06:27,190

course well I'm wearing a suit from

132

00:06:31,290 --> 00:06:29,710

1990s I'm back down to my 1990 wage and

133

00:06:32,400 --> 00:06:31,300

like yeah that's no big deal because I

134

00:06:33,990 --> 00:06:32,410

wasn't dangerous they're based in the

135

00:06:35,670 --> 00:06:34,000

first place but I did it through just

136

00:06:37,260 --> 00:06:35,680

cutting out stuff out of the diet like

137

00:06:39,240 --> 00:06:37,270

chocolate and almost sugary stuff now

138

00:06:41,310 --> 00:06:39,250

now is that seen as an extreme strange

139

00:06:43,740 --> 00:06:41,320

thing like actually this is a tip from

140

00:06:45,270 --> 00:06:43,750

Oprah a fat busted my house now I don't

141

00:06:47,310 --> 00:06:45,280

have a partner I don't have kids so I

142

00:06:48,540 --> 00:06:47,320

can go without having chips ice cream or

143

00:06:50,760 --> 00:06:48,550

sugary drinks in the house altogether

144

00:06:52,410 --> 00:06:50,770

and you just wing yourself off them that

145

00:06:54,360 --> 00:06:52,420

way now is anything wrong with that you

146

00:06:56,310 --> 00:06:54,370

think absolutely nothing I mean

147

00:06:58,290 --> 00:06:56,320

ultimately they I think the main

148

00:07:00,600 --> 00:06:58,300

takeaway that I hope people took away

149

00:07:02,250 --> 00:07:00,610

from from indeed my talk today was was

150

00:07:04,290 --> 00:07:02,260

really whatever works for you is what

151  
00:07:06,480 --> 00:07:04,300  
works for you and obviously that's the

152  
00:07:09,150 --> 00:07:06,490  
same for millions of different you know

153  
00:07:10,920 --> 00:07:09,160  
scenarios that we all live with every

154  
00:07:13,020 --> 00:07:10,930  
single day but in the context of diets

155  
00:07:13,970 --> 00:07:13,030  
whatever works for you is perfectly fine

156  
00:07:16,280 --> 00:07:13,980  
and if

157  
00:07:18,110 --> 00:07:16,290  
if you manage to cut down your weight if

158  
00:07:20,600 --> 00:07:18,120  
that's your goal then that's perfectly

159  
00:07:22,340 --> 00:07:20,610  
that's fantastic frankly as long as it

160  
00:07:24,350 --> 00:07:22,350  
works for you and it doesn't alienate

161  
00:07:26,930 --> 00:07:24,360  
you from your friends cuz certainly if

162  
00:07:28,730 --> 00:07:26,940  
you got out sugar the people hate you

163  
00:07:30,290 --> 00:07:28,740

they hate because you go to the go to

164

00:07:32,930 --> 00:07:30,300

their house and one thing if I go to a

165

00:07:34,250 --> 00:07:32,940

party and it's there I go sugar got to

166

00:07:36,320 --> 00:07:34,260

get into that and I can stuck into it

167

00:07:37,730 --> 00:07:36,330

and that's it over for that day and back

168

00:07:39,070 --> 00:07:37,740

to the diet again so you know it's a

169

00:07:41,690 --> 00:07:39,080

party I can have some there you know

170

00:07:43,130 --> 00:07:41,700

absolutely and nobody should blame you

171

00:07:46,190 --> 00:07:43,140

for that because ultimately all you're

172

00:07:47,840 --> 00:07:46,200

doing is surviving and I love our you

173

00:07:49,310 --> 00:07:47,850

that you were saying that aunty sugar

174

00:07:51,680 --> 00:07:49,320

diet is for people who hate others and

175

00:07:53,300 --> 00:07:51,690

themselves yes well you know and it's

176

00:07:55,850 --> 00:07:53,310

important to recognize that sugar is

177

00:07:57,200 --> 00:07:55,860

sublime and when you do have sugary

178

00:08:00,110 --> 00:07:57,210

treats you know your brain releases

179

00:08:02,300 --> 00:08:00,120

endorphins and as a consequence of that

180

00:08:05,330 --> 00:08:02,310

you feel happy as a consequence of that

181

00:08:07,190 --> 00:08:05,340

of course you're you're almost you're

182

00:08:09,620 --> 00:08:07,200

primed to go back to the Sugar to feel

183

00:08:11,420 --> 00:08:09,630

how to feel happy in the future it's one

184

00:08:12,530 --> 00:08:11,430

of those unfortunate vicious cycles so

185

00:08:14,900 --> 00:08:12,540

one of the things you're talking about

186

00:08:16,640 --> 00:08:14,910

was the the gut the gut environment and

187

00:08:18,170 --> 00:08:16,650

got changes when you radically change

188

00:08:19,490 --> 00:08:18,180

your diet and part of that is the way

189

00:08:20,720 --> 00:08:19,500

you lose weight is that correct what's

190

00:08:23,180 --> 00:08:20,730

what we were saying that yeah so

191

00:08:26,630 --> 00:08:23,190

effectively when you when you change

192

00:08:28,510 --> 00:08:26,640

your diet drastically in any way your

193

00:08:32,089 --> 00:08:28,520

gut microbes you've got your gut flora

194

00:08:34,969 --> 00:08:32,099

loses the ability to metabolize as

195

00:08:37,790 --> 00:08:34,979

efficiently as it previously did but

196

00:08:40,580 --> 00:08:37,800

ultimately once and this will happen or

197

00:08:43,070 --> 00:08:40,590

ultimately the gut microbes will return

198

00:08:45,740 --> 00:08:43,080

to its to their normal state they'll go

199

00:08:47,510 --> 00:08:45,750

back to peak efficiency and ultimately

200

00:08:49,520 --> 00:08:47,520

you will go back to putting on weight

201

00:08:52,130 --> 00:08:49,530

yeah that's that's why they refer to

202

00:08:53,720 --> 00:08:52,140

this this stuff is as yo-yo dining

203

00:08:55,880 --> 00:08:53,730

because you go up and down you go up and

204

00:08:57,590 --> 00:08:55,890

down and and ultimately when you find

205

00:08:59,360 --> 00:08:57,600

yourself putting that weight back on

206

00:09:02,480 --> 00:08:59,370

from this new diet that worked really

207

00:09:05,120 --> 00:09:02,490

well for the first four weeks you you

208

00:09:07,340 --> 00:09:05,130

you become horribly disheartened you

209

00:09:09,410 --> 00:09:07,350

know and and so at that stage there

210

00:09:11,300 --> 00:09:09,420

should be further priming to say once

211

00:09:12,710 --> 00:09:11,310

once you hit that plateau stage and it

212

00:09:15,200 --> 00:09:12,720

is acknowledged as sort of the plateau

213

00:09:17,150 --> 00:09:15,210

once you hit that plateau stage you can

214

00:09:18,950 --> 00:09:17,160

reduce your calories you basically you

215

00:09:21,290 --> 00:09:18,960

got microbes your body is back to its

216

00:09:23,240 --> 00:09:21,300

peak efficiency it's time now to reduce

217

00:09:24,560 --> 00:09:23,250

your caloric intake so that you can

218

00:09:25,940 --> 00:09:24,570

continue to move forward with your

219

00:09:27,040 --> 00:09:25,950

weight loss goals if that's if that's

220

00:09:29,470 --> 00:09:27,050

what you want obviously

221

00:09:31,180 --> 00:09:29,480

you mentioned fat-shaming on stage which

222

00:09:32,440 --> 00:09:31,190

is kind of interesting well you're

223

00:09:33,730 --> 00:09:32,450

talking about people who may be just a

224

00:09:35,440 --> 00:09:33,740

little bit overweight and people going

225

00:09:36,850 --> 00:09:35,450

armed and you should lose 5 kilograms

226

00:09:38,500 --> 00:09:36,860

that's sort of thing you mean well I

227

00:09:39,670 --> 00:09:38,510

mean I think that's an industrial that

228

00:09:41,889 --> 00:09:39,680

that's sort of the you know the media

229

00:09:44,980 --> 00:09:41,899

type thing but certainly you know just

230

00:09:46,630 --> 00:09:44,990

for your everyday human being we all put

231

00:09:48,970 --> 00:09:46,640

up with a certain amount of fat shaming

232

00:09:50,800 --> 00:09:48,980

regardless of whether we're skinny or we

233

00:09:52,600 --> 00:09:50,810

are carrying a little bit extra you know

234

00:09:54,940 --> 00:09:52,610

we get the TV shouting at us saying that

235

00:09:57,250 --> 00:09:54,950

we're fat we get you know cuz you can

236

00:09:58,900 --> 00:09:57,260

never be you can never be as sexy as the

237

00:10:01,990 --> 00:09:58,910

person that's doing that early morning

238

00:10:04,269 --> 00:10:02,000

workout you know on morning TV that's

239

00:10:07,120 --> 00:10:04,279

advertising that exercise equipment you

240

00:10:10,360 --> 00:10:07,130

can never be that amazing but what you

241

00:10:12,610 --> 00:10:10,370

can be is your best you know and it's

242

00:10:15,220 --> 00:10:12,620

quite easy to achieve your best it's

243

00:10:17,560 --> 00:10:15,230

what you feel comfortable in and all you

244

00:10:19,660 --> 00:10:17,570

need to do to reach that is to look in

245

00:10:21,310 --> 00:10:19,670

the mirror and say hey I got a body I'm

246

00:10:24,009 --> 00:10:21,320

happy with it I'm able to move around

247

00:10:26,380 --> 00:10:24,019

with it my joints don't hurt so bad you

248

00:10:28,360 --> 00:10:26,390

know so that that should be when you say

249

00:10:30,250 --> 00:10:28,370

I'm happy with me if you want to lose

250

00:10:32,530 --> 00:10:30,260

more weight than more power to you but

251

00:10:34,690 --> 00:10:32,540

it shouldn't be everybody else telling

252

00:10:37,360 --> 00:10:34,700

you that you need to lose weight it's

253

00:10:40,210 --> 00:10:37,370

none of their freakin business why why

254

00:10:42,250 --> 00:10:40,220

why should you care about what I look

255

00:10:43,540 --> 00:10:42,260

like you shouldn't that's the I'm een

256

00:10:45,760 --> 00:10:43,550

that's ultimately the answer you should

257

00:10:47,260 --> 00:10:45,770

not care about what I look like it

258

00:10:49,240 --> 00:10:47,270

wasn't other in the society we've got

259

00:10:50,740 --> 00:10:49,250

people you know they like do you think

260

00:10:51,880 --> 00:10:50,750

that magazines can be blamed a lot for

261

00:10:53,019 --> 00:10:51,890

this or what do you reckon there's

262

00:10:54,310 --> 00:10:53,029

there's always they were trying to find

263

00:10:56,410 --> 00:10:54,320

the villain with this yeah I mean

264

00:10:58,210 --> 00:10:56,420

there's there's plenty of villains I

265

00:11:00,400 --> 00:10:58,220

mean the villains are ourselves because

266

00:11:03,550 --> 00:11:00,410

we buy the magazines ultimately you know

267

00:11:04,900 --> 00:11:03,560

this the the old socialist model is if

268

00:11:07,750 --> 00:11:04,910

you buy the magazines and they'll

269

00:11:09,310 --> 00:11:07,760

continue to print it you know it's what

270

00:11:10,900 --> 00:11:09,320

perhaps that's even capitalistic you

271

00:11:12,160 --> 00:11:10,910

know you've worked your pushing the

272

00:11:13,840 --> 00:11:12,170

great combo model there you thought

273

00:11:15,430 --> 00:11:13,850

there should be a higher tax on snack

274

00:11:17,500 --> 00:11:15,440

foods Eric and that worked out a sugar

275

00:11:19,180 --> 00:11:17,510

content or fat content hatch how should

276  
00:11:20,769 --> 00:11:19,190  
be imposed this tax you've just declared

277  
00:11:23,949 --> 00:11:20,779  
on stage there well well both of those

278  
00:11:27,750 --> 00:11:23,959  
so definitely a high sugar tax a high

279  
00:11:30,880 --> 00:11:27,760  
saturated fat contact the amount and

280  
00:11:33,189 --> 00:11:30,890  
several a load dietary fiber but we've

281  
00:11:34,720 --> 00:11:33,199  
been free kale you could pick up Cael at

282  
00:11:36,220 --> 00:11:34,730  
your local kale center could be free

283  
00:11:38,580 --> 00:11:36,230  
care for everybody you could i'm not a

284  
00:11:41,880 --> 00:11:38,590  
big fan of kale unfortunately

285  
00:11:44,220 --> 00:11:41,890  
but but yet look any any fruit basically

286  
00:11:47,190 --> 00:11:44,230  
so effectively what I was proposing was

287  
00:11:48,960 --> 00:11:47,200  
you you put a tax on unhealthy food you

288  
00:11:50,850 --> 00:11:48,970

know in inverted commas unhealthy food

289

00:11:53,340 --> 00:11:50,860

and use the money that you get from that

290

00:11:55,200 --> 00:11:53,350

to basically subsidize healthier food I

291

00:11:57,540 --> 00:11:55,210

mean it's pretty sure it's been proposed

292

00:11:59,070 --> 00:11:57,550

meaning I'm not I'm not the person who

293

00:12:00,780 --> 00:11:59,080

came up with this I'm just sort of

294

00:12:02,070 --> 00:12:00,790

saying that it's a good model has anyone

295

00:12:03,870 --> 00:12:02,080

given it a go considering the power of

296

00:12:06,090 --> 00:12:03,880

the lobby groups I member in the England

297

00:12:08,880 --> 00:12:06,100

when they tried to bring in the the red

298

00:12:10,170 --> 00:12:08,890

green and yellow lights on on sweets

299

00:12:13,080 --> 00:12:10,180

that that's not bad pretty quickly

300

00:12:14,730 --> 00:12:13,090

because of their lobbying power I don't

301  
00:12:17,580 --> 00:12:14,740  
know that anybody is actually giving it

302  
00:12:18,780 --> 00:12:17,590  
a go I mean different countries try

303  
00:12:20,310 --> 00:12:18,790  
different things in different states

304  
00:12:22,590 --> 00:12:20,320  
within different countries try different

305  
00:12:24,210 --> 00:12:22,600  
things you know we have the the health

306  
00:12:26,220 --> 00:12:24,220  
found the Hart Foundation tick of

307  
00:12:27,900 --> 00:12:26,230  
approval which effectively says that

308  
00:12:30,840 --> 00:12:27,910  
this food is okay to eat so I should eat

309  
00:12:33,600 --> 00:12:30,850  
as much as I like of it yeah right you

310  
00:12:35,160 --> 00:12:33,610  
know but ultimately so so also a little

311  
00:12:37,560 --> 00:12:35,170  
bits of that women Donald started

312  
00:12:39,420 --> 00:12:37,570  
getting a tick I know I know right well

313  
00:12:42,450 --> 00:12:39,430

you know look there there around their

314

00:12:45,540 --> 00:12:42,460

buns are really great they they taste

315

00:12:48,060 --> 00:12:45,550

amazing and if that's all you eat then

316

00:12:51,260 --> 00:12:48,070

you're probably yeah you're going to be

317

00:12:53,700 --> 00:12:51,270

yeah you'll find yourself in a diabetes

318

00:12:56,370 --> 00:12:53,710

you know state not too long into the

319

00:12:57,510 --> 00:12:56,380

future and how does the atheism that

320

00:13:00,330 --> 00:12:57,520

you're involved with linked in with the

321

00:13:04,160 --> 00:13:00,340

skepticism or I came to skepticism which

322

00:13:07,290 --> 00:13:04,170

I frankly I prefer to the Atheist

323

00:13:08,790 --> 00:13:07,300

community I suppose I prefer the the

324

00:13:10,530 --> 00:13:08,800

skeptical community to the Atheist

325

00:13:13,880 --> 00:13:10,540

community because it's brought a church

326

00:13:17,280 --> 00:13:13,890

of ideas um I I think the reason that I

327

00:13:21,330 --> 00:13:17,290

prefer them sort of speaking very

328

00:13:25,380 --> 00:13:21,340

broadly is because they're more open you

329

00:13:27,090 --> 00:13:25,390

know skepticism sort of proposes that if

330

00:13:30,240 --> 00:13:27,100

prove it if presented with new evidence

331

00:13:33,570 --> 00:13:30,250

one could change one's opinion and I

332

00:13:36,120 --> 00:13:33,580

just find personally a lot of the the

333

00:13:37,470 --> 00:13:36,130

atheists that that I have told around

334

00:13:40,680 --> 00:13:37,480

with in the in the past that I've spent

335

00:13:42,900 --> 00:13:40,690

time with in the past to be exactly the

336

00:13:44,730 --> 00:13:42,910

opposite to that and it's unfortunate

337

00:13:46,650 --> 00:13:44,740

because you know they tend to be they

338

00:13:48,270 --> 00:13:46,660

tend to be loud and they tend to be the

339

00:13:50,040 --> 00:13:48,280

ones that you know the squeakiest wheel

340

00:13:52,050 --> 00:13:50,050

gets the the most oil as they say you

341

00:13:53,400 --> 00:13:52,060

know they get the most attention and a

342

00:13:55,380 --> 00:13:53,410

the consequence they end up being the

343

00:13:57,180 --> 00:13:55,390

front runners and the the faces the

344

00:13:59,850 --> 00:13:57,190

public faces of the Atheist community

345

00:14:01,410 --> 00:13:59,860

and frankly I prefer the public faces of

346

00:14:03,180 --> 00:14:01,420

the skeptical community because they

347

00:14:05,400 --> 00:14:03,190

open you without you know they welcomed

348

00:14:06,780 --> 00:14:05,410

with open arms they love to talk to you

349

00:14:09,180 --> 00:14:06,790

about whatever you want to talk about

350

00:14:12,000 --> 00:14:09,190

and they're open to your interpretations

351  
00:14:14,730 --> 00:14:12,010  
they're open to your to your experience

352  
00:14:17,250 --> 00:14:14,740  
they're open to your evidence and that

353  
00:14:19,410 --> 00:14:17,260  
it is a broad church as you say and with

354  
00:14:20,880 --> 00:14:19,420  
the imaginary friends podcast isn't

355  
00:14:23,250 --> 00:14:20,890  
podcasting great I know you've got a

356  
00:14:24,630 --> 00:14:23,260  
regular job but that isn't podcasting

357  
00:14:26,130 --> 00:14:24,640  
you can just do what if you want and

358  
00:14:27,750 --> 00:14:26,140  
then when you put that show out it's

359  
00:14:30,210 --> 00:14:27,760  
exactly the way you wanted to sound

360  
00:14:32,820 --> 00:14:30,220  
absolutely and you know the show has

361  
00:14:33,870 --> 00:14:32,830  
changed so we're rounding up on 300

362  
00:14:36,570 --> 00:14:33,880  
episodes and we're actually just about

363  
00:14:38,130 --> 00:14:36,580

to change our name I it's one of those

364

00:14:39,930 --> 00:14:38,140

things you know it's sort of a trade-off

365

00:14:42,450 --> 00:14:39,940

where you know I've got an established

366

00:14:43,860 --> 00:14:42,460

brand here and and I'm thinking of

367

00:14:46,140 --> 00:14:43,870

changing the name but but here's the

368

00:14:47,730 --> 00:14:46,150

thing and it sort of ties back into what

369

00:14:50,220 --> 00:14:47,740

I just said about the Atheist community

370

00:14:53,880 --> 00:14:50,230

I started the imaginary-friend show on

371

00:14:55,890 --> 00:14:53,890

the on the premise that that I wanted an

372

00:14:58,620 --> 00:14:55,900

atheist podcast you know I wanted I

373

00:15:00,390 --> 00:14:58,630

wanted some way to say hey Jake from you

374

00:15:02,850 --> 00:15:00,400

know 15 years ago I know you're

375

00:15:04,650 --> 00:15:02,860

suffering and in your Catholicism I know

376

00:15:07,050 --> 00:15:04,660

you know you're working around with this

377

00:15:08,670 --> 00:15:07,060

with his horrible guilt all of the time

378

00:15:11,250 --> 00:15:08,680

with this horrible Catholic guilt all

379

00:15:12,750 --> 00:15:11,260

the time you know did you have a swing

380

00:15:14,340 --> 00:15:12,760

the incense around as a Catholic because

381

00:15:16,620 --> 00:15:14,350

that that kind of looks cool I was an

382

00:15:18,090 --> 00:15:16,630

altar boy but I never got to swing the

383

00:15:20,160 --> 00:15:18,100

incense I think it's because I was so

384

00:15:22,140 --> 00:15:20,170

uncoordinated the priest thought that I

385

00:15:24,030 --> 00:15:22,150

might inadvertently knock somebody out

386

00:15:26,100 --> 00:15:24,040

does look a bit like a martial arts item

387

00:15:28,410 --> 00:15:26,110

it pretty much it's almost one of those

388

00:15:30,600 --> 00:15:28,420

one of those awesome chinese martial

389

00:15:33,330 --> 00:15:30,610

arts you know the thing with nunchucks

390

00:15:34,890 --> 00:15:33,340

sort of yeah almost yes ya know they're

391

00:15:35,970 --> 00:15:34,900

cool things but basically so we're

392

00:15:38,250 --> 00:15:35,980

looking at changing the name to

393

00:15:40,770 --> 00:15:38,260

something that's less you know imaginary

394

00:15:43,140 --> 00:15:40,780

friends show was sort of focused on the

395

00:15:46,050 --> 00:15:43,150

imaginary friends you know the religions

396

00:15:47,970 --> 00:15:46,060

of the world and and now we're more sort

397

00:15:50,310 --> 00:15:47,980

of broad I suppose so we're looking at

398

00:15:52,470 --> 00:15:50,320

so i think it's going to be the

399

00:15:54,510 --> 00:15:52,480

inquisitive friends podcast that's there

400

00:15:56,220 --> 00:15:54,520

was a there was a suggestion by listener

401  
00:15:58,620 --> 00:15:56,230  
so and we'll be getting plenty of

402  
00:16:00,270 --> 00:15:58,630  
listener suggestions but yeah I love

403  
00:16:03,210 --> 00:16:00,280  
podcasting I think it's been it's been

404  
00:16:04,949 --> 00:16:03,220  
micah thought my catharsis the years

405  
00:16:06,629 --> 00:16:04,959  
now what about feedback you get on

406  
00:16:08,610 --> 00:16:06,639  
because podcasting feedback can be

407  
00:16:10,079 --> 00:16:08,620  
sporadic a lot of people they download

408  
00:16:11,040 --> 00:16:10,089  
it they enjoy it and they don't give you

409  
00:16:12,629 --> 00:16:11,050  
any feedback because they had a great

410  
00:16:15,210 --> 00:16:12,639  
time so they don't need to give you

411  
00:16:17,069 --> 00:16:15,220  
anything less you ask yeah it's it look

412  
00:16:20,100 --> 00:16:17,079  
I think everybody puts up with this

413  
00:16:21,629 --> 00:16:20,110

weather it's some podcasting or you know

414

00:16:23,579 --> 00:16:21,639

whether you own a shop or you know

415

00:16:26,639 --> 00:16:23,589

whether you know you work in a health

416

00:16:28,490 --> 00:16:26,649

service people tend not to tell you when

417

00:16:32,069 --> 00:16:28,500

things are wrong they just tend to walk

418

00:16:34,350 --> 00:16:32,079

and and yeah so basically if you care

419

00:16:36,540 --> 00:16:34,360

about that sort of thing you can look at

420

00:16:38,610 --> 00:16:36,550

the amount of downloads and if you

421

00:16:41,069 --> 00:16:38,620

notice a a decline then you can perhaps

422

00:16:42,960 --> 00:16:41,079

change attacked but ultimately I don't

423

00:16:44,519 --> 00:16:42,970

really care I mean and I'm not saying

424

00:16:47,160 --> 00:16:44,529

that as though I don't care what my

425

00:16:48,660 --> 00:16:47,170

listeners things I absolutely do I like

426

00:16:50,639 --> 00:16:48,670

to think that I produce a show that they

427

00:16:52,410 --> 00:16:50,649

like to consume certainly the numbers

428

00:16:54,059 --> 00:16:52,420

suggest that but and that sounds

429

00:16:56,519 --> 00:16:54,069

horribly considered I acknowledge but

430

00:17:00,420 --> 00:16:56,529

but i would say that producing a show

431

00:17:02,160 --> 00:17:00,430

that sort of caters to my whims I think

432

00:17:04,829 --> 00:17:02,170

caters to a number of other people's

433

00:17:07,529 --> 00:17:04,839

whims as well in that we produce a sort

434

00:17:09,689 --> 00:17:07,539

of a comedy show that's informative at

435

00:17:11,669 --> 00:17:09,699

the same time that enables people to

436

00:17:13,470 --> 00:17:11,679

sort of laugh and learn also I think

437

00:17:15,419 --> 00:17:13,480

podcasting sensitive matured people

438

00:17:16,919 --> 00:17:15,429

don't send to look down on you as much

439

00:17:18,390 --> 00:17:16,929

for being a podcaster now used to be

440

00:17:19,949 --> 00:17:18,400

like I just some guy pretend to be right

441

00:17:22,529 --> 00:17:19,959

on answering your basement but not

442

00:17:24,329 --> 00:17:22,539

anymore yeah well as soon as the the

443

00:17:26,549 --> 00:17:24,339

major news producers starting that

444

00:17:29,100 --> 00:17:26,559

started putting out daily podcasts I

445

00:17:30,390 --> 00:17:29,110

think it legitimized everything I stop

446

00:17:33,330 --> 00:17:30,400

listen to the radio not worked in radio

447

00:17:35,130 --> 00:17:33,340

for years I've got 55 or 60 podcasts on

448

00:17:37,649 --> 00:17:35,140

my phone that just sees me through my

449

00:17:39,000 --> 00:17:37,659

week and i love it i don't need because

450

00:17:40,500 --> 00:17:39,010

i thought this all these shows that I'm

451  
00:17:43,140 --> 00:17:40,510  
interested in why do I need to turn the

452  
00:17:45,210 --> 00:17:43,150  
radio on and go huh it's actually an

453  
00:17:46,799 --> 00:17:45,220  
interesting thing and I'd love to get

454  
00:17:48,440 --> 00:17:46,809  
your opinion on it I mean do you do you

455  
00:17:50,490 --> 00:17:48,450  
think that now that we're consuming

456  
00:17:54,029 --> 00:17:50,500  
podcasts we're cutting you know the

457  
00:17:57,450 --> 00:17:54,039  
traditional media uses advertising in

458  
00:17:58,950 --> 00:17:57,460  
order to make money in order to you know

459  
00:18:01,049 --> 00:17:58,960  
pay their producers in order to produce

460  
00:18:03,480 --> 00:18:01,059  
good content if we're consuming that

461  
00:18:05,010 --> 00:18:03,490  
content for free how are they going to

462  
00:18:07,289 --> 00:18:05,020  
produce stuff that's good enough for us

463  
00:18:09,480 --> 00:18:07,299

to want to consume well the problem is

464

00:18:11,130 --> 00:18:09,490

that their answer is as you as you can

465

00:18:12,990 --> 00:18:11,140

see on foxtel on channel 9 all the

466

00:18:14,659 --> 00:18:13,000

commercial stations is all people aren't

467

00:18:16,700 --> 00:18:14,669

watching as much our revenues going

468

00:18:18,560 --> 00:18:16,710

we'll put more ads on that's what you

469

00:18:20,450 --> 00:18:18,570

tend to see and what is the effect of

470

00:18:22,970 --> 00:18:20,460

that it drives people away yeah there

471

00:18:26,269 --> 00:18:22,980

you know the Swedish model for newspaper

472

00:18:28,369 --> 00:18:26,279

production has been I wish it was the

473

00:18:30,789 --> 00:18:28,379

model that we took on in Australia let

474

00:18:33,340 --> 00:18:30,799

me tell you ninety-seven percent of

475

00:18:35,869 --> 00:18:33,350

their revenue comes from subscribers

476

00:18:38,149 --> 00:18:35,879

which means that they they're paid

477

00:18:41,419 --> 00:18:38,159

journalists get to do actual journalism

478

00:18:43,849 --> 00:18:41,429

which means that their press club in

479

00:18:45,950 --> 00:18:43,859

their Parliament ask actual questions

480

00:18:48,139 --> 00:18:45,960

rather than well that's a nice dress

481

00:18:50,960 --> 00:18:48,149

Julia Gillard EU you worried about being

482

00:18:53,239 --> 00:18:50,970

taken seriously you know in those so we

483

00:18:55,669 --> 00:18:53,249

don't have a great and robust media in

484

00:18:59,210 --> 00:18:55,679

Australia as a consequence I think of

485

00:19:01,609 --> 00:18:59,220

this sort of you know reduction in

486

00:19:03,409 --> 00:19:01,619

revenue perhaps I mean maybe that is a

487

00:19:04,940 --> 00:19:03,419

consequence of that but and you

488

00:19:06,440 --> 00:19:04,950

certainly get a get out on the edge in

489

00:19:08,239 --> 00:19:06,450

your podcast a lot of the ones I love

490

00:19:09,799 --> 00:19:08,249

like cognitive dissidence they get on

491

00:19:11,810 --> 00:19:09,809

the edge and okay they'll defend me

492

00:19:13,249 --> 00:19:11,820

sometimes because they go too far but

493

00:19:15,200 --> 00:19:13,259

that's the price I pay for listening to

494

00:19:16,879 --> 00:19:15,210

something that I want their job and I

495

00:19:18,019 --> 00:19:16,889

think more people are waking up to that

496

00:19:19,580 --> 00:19:18,029

okay you're going to be offended

497

00:19:21,320 --> 00:19:19,590

sometimes but most of the time you're

498

00:19:24,080 --> 00:19:21,330

going to hit the mark yeah absolutely i

499

00:19:27,049 --> 00:19:24,090

mean being offended is i think the the

500

00:19:29,539 --> 00:19:27,059

right way to be able to look in so when

501  
00:19:31,789 --> 00:19:29,549  
you noticed you're being offended do

502  
00:19:34,009 --> 00:19:31,799  
something about it don't don't throw

503  
00:19:36,590 --> 00:19:34,019  
stones obviously don't you know don't

504  
00:19:38,659 --> 00:19:36,600  
burn flags don't shoot people whatever

505  
00:19:41,389 --> 00:19:38,669  
it happens but instead of instead of

506  
00:19:44,299 --> 00:19:41,399  
taking a fence and taking action take a

507  
00:19:46,070 --> 00:19:44,309  
fence and look inward say why was i

508  
00:19:47,869 --> 00:19:46,080  
offended by this I mean this is

509  
00:19:51,409 --> 00:19:47,879  
somebody's saying something that's

510  
00:19:54,080 --> 00:19:51,419  
against my preconceived notions of X or

511  
00:19:55,489 --> 00:19:54,090  
Y why is it that I'm that I'm offended

512  
00:19:57,169 --> 00:19:55,499  
by it and even if you complain to the

513  
00:19:58,729 --> 00:19:57,179

people that are doing it that might not

514

00:19:59,690 --> 00:19:58,739

help them next time they get out on the

515

00:20:02,539 --> 00:19:59,700

edge it's going to be completely

516

00:20:04,669 --> 00:20:02,549

different to think all together to be

517

00:20:06,409 --> 00:20:04,679

deferred issue yeah not only does it not

518

00:20:08,419 --> 00:20:06,419

help them but it doesn't help you

519

00:20:10,070 --> 00:20:08,429

because you end up not growing exactly

520

00:20:12,649 --> 00:20:10,080

you know you you end up not analyzing

521

00:20:14,180 --> 00:20:12,659

yourself get you end up being exactly

522

00:20:16,609 --> 00:20:14,190

where you were when you were offended

523

00:20:19,279 --> 00:20:16,619

you end up with those exact same beliefs

524

00:20:20,749 --> 00:20:19,289

and those exact same experiences I'll

525

00:20:22,070 --> 00:20:20,759

finish off of this last question it's a

526

00:20:23,930 --> 00:20:22,080

great one of them for skeptics if there

527

00:20:25,909 --> 00:20:23,940

was one whew that was actually real and

528

00:20:27,110 --> 00:20:25,919

was actually happening thing what would

529

00:20:29,600 --> 00:20:27,120

you want that would be

530

00:20:32,330 --> 00:20:29,610

that one thing that could be possible I

531

00:20:35,360 --> 00:20:32,340

i think i'd love to believe in an

532

00:20:37,820 --> 00:20:35,370

afterlife any particular sort a brand

533

00:20:40,430 --> 00:20:37,830

their variety well you know it's funny

534

00:20:44,600 --> 00:20:40,440

because any toy it's just one of those

535

00:20:46,370 --> 00:20:44,610

byproducts of skepticism anytime i make

536

00:20:47,450 --> 00:20:46,380

an assertion like this I feel obliged to

537

00:20:49,250 --> 00:20:47,460

take it through to its logical

538

00:20:51,049 --> 00:20:49,260

conclusion this isn't just a lapsed

539

00:20:53,150 --> 00:20:51,059

Catholic talking it's the last Catholic

540

00:20:55,010 --> 00:20:53,160

it absolutely is you know once you leave

541

00:20:57,110 --> 00:20:55,020

once you leave the religion you know you

542

00:21:00,110 --> 00:20:57,120

still get this still those one or two

543

00:21:02,690 --> 00:21:00,120

things you go will maybe maybe grandma

544

00:21:05,360 --> 00:21:02,700

didn't go there maybe she's just dead

545

00:21:07,700 --> 00:21:05,370

now and but I think it would be

546

00:21:09,799 --> 00:21:07,710

wonderful if there was some sort of life

547

00:21:12,530 --> 00:21:09,809

after death I know they're there

548

00:21:14,720 --> 00:21:12,540

probably isn't but ultimately I think

549

00:21:16,610 --> 00:21:14,730

it'll be look at the very least what I'd

550

00:21:18,110 --> 00:21:16,620

like even though this is it sort of away

551  
00:21:20,480 --> 00:21:18,120  
from the word what I would like is at

552  
00:21:23,030 --> 00:21:20,490  
the end of my life if my brain can be

553  
00:21:25,549 --> 00:21:23,040  
taken out of out of my body and placed

554  
00:21:27,710 --> 00:21:25,559  
inside the body of a cyborg so that I

555  
00:21:30,440 --> 00:21:27,720  
can live for it forever that way of your

556  
00:21:33,710 --> 00:21:30,450  
transhuman well I just like to be you

557  
00:21:35,480 --> 00:21:33,720  
know the first human cyborg hybrid that

558  
00:21:38,150 --> 00:21:35,490  
basically takes the battle back to the

559  
00:21:41,390 --> 00:21:38,160  
aliens that the conquers the the alien

560  
00:21:43,490 --> 00:21:41,400  
homeworld and and is able to propagate

561  
00:21:45,590 --> 00:21:43,500  
the humanity once again throughout the

562  
00:21:47,690 --> 00:21:45,600  
galaxy thanks Jake we can we find your

563  
00:21:50,000 --> 00:21:47,700

podcast with the new podcast title on it

564

00:21:54,159 --> 00:21:50,010

well at this stage it's going to stay at

565

00:21:54,169 --> 00:22:03,680

you

566

00:22:08,220 --> 00:22:06,270

how much truth is there to claims of

567

00:22:10,590 --> 00:22:08,230

risk caused by the treatment of beef

568

00:22:12,420 --> 00:22:10,600

cattle with antibiotics I'm Tamra

569

00:22:18,360 --> 00:22:12,430

Robertson and you're hooked up to the

570

00:22:20,550 --> 00:22:18,370

feeding tube the feeding tube is the web

571

00:22:23,670 --> 00:22:20,560

video series that brings you the real

572

00:22:26,100 --> 00:22:23,680

facts behind popular food myths food

573

00:22:28,470 --> 00:22:26,110

who is the most pervasive pop

574

00:22:30,960 --> 00:22:28,480

pseudoscience out there right now and it

575

00:22:32,940 --> 00:22:30,970

desperately needs debunking each three

576

00:22:35,730 --> 00:22:32,950

minute episode is suitable for general

577

00:22:38,850 --> 00:22:35,740

audience and is produced by scientists

578

00:22:52,890 --> 00:22:38,860

for everyone the feeding tube check it

579

00:22:55,920 --> 00:22:52,900

out feeding tube TV as reported in The

580

00:22:59,880 --> 00:22:55,930

Daily Telegraph at daily telegraph calm

581

00:23:02,730 --> 00:22:59,890

a you December the 20th by Grant

582

00:23:05,130 --> 00:23:02,740

MacArthur and Jane Hansen anti-vaxxers

583

00:23:07,760 --> 00:23:05,140

taking posters and pamphlets promoting

584

00:23:10,650 --> 00:23:07,770

vaccinations in hospitals and clinics

585

00:23:12,750 --> 00:23:10,660

anti-vaccination vandals are ripping

586

00:23:15,300 --> 00:23:12,760

down posters that promote the benefits

587

00:23:17,910 --> 00:23:15,310

of life-saving injections and hospitals

588

00:23:20,460 --> 00:23:17,920

and health centers they claim they are

589

00:23:22,830 --> 00:23:20,470

trying to protect children by removing

590

00:23:25,710 --> 00:23:22,840

vital information even stealing

591

00:23:28,140 --> 00:23:25,720

pamphlets from childcare centers in

592

00:23:30,540 --> 00:23:28,150

attempts to prevent parents knowing when

593

00:23:33,510 --> 00:23:30,550

and why they should vaccinate their

594

00:23:36,210 --> 00:23:33,520

families one woman suggests taking the

595

00:23:39,900 --> 00:23:36,220

action further by printing a five sheets

596

00:23:43,500 --> 00:23:39,910

listing quote vaccine affected deaths

597

00:23:46,410 --> 00:23:43,510

and quote to place on parents cars and

598

00:23:48,930 --> 00:23:46,420

childcare centers one anti-vaccination

599

00:23:51,300 --> 00:23:48,940

vigilante is a Melbourne hospital nurse

600

00:23:53,640 --> 00:23:51,310

who says she refuses to immunize

601  
00:23:56,190 --> 00:23:53,650  
patients she is under review by

602  
00:23:58,260 --> 00:23:56,200  
Australia's health watchdog after

603  
00:24:01,290 --> 00:23:58,270  
boasting she had falsified her

604  
00:24:03,720 --> 00:24:01,300  
employment details to hide the fact she

605  
00:24:05,550 --> 00:24:03,730  
had not been vaccinated a father last

606  
00:24:07,560 --> 00:24:05,560  
month boasted of roaming through a

607  
00:24:09,840 --> 00:24:07,570  
Melbourne Hospital with his sleeping

608  
00:24:12,270 --> 00:24:09,850  
baby while his partner was in a medical

609  
00:24:13,950 --> 00:24:12,280  
appointment quote i came across the room

610  
00:24:16,799 --> 00:24:13,960  
we actually attended when we did our

611  
00:24:19,649 --> 00:24:16,809  
antenatal classes and nobody was in

612  
00:24:23,039 --> 00:24:19,659  
yeah I pushed the pram in and had a look

613  
00:24:24,629 --> 00:24:23,049

around and quote he wrote quote I soon

614

00:24:27,269 --> 00:24:24,639

found the important whooping cough

615

00:24:29,629 --> 00:24:27,279

vaccination poster plastering false

616

00:24:32,009 --> 00:24:29,639

information into the faces of people I

617

00:24:34,830 --> 00:24:32,019

proceeded to take it off the wall and

618

00:24:38,070 --> 00:24:34,840

hide it under one of the cupboards one

619

00:24:41,399 --> 00:24:38,080

less [h\_\_h] sign in the small win and

620

00:24:43,980 --> 00:24:41,409

quote a fellow female anti-vaccination

621

00:24:47,220 --> 00:24:43,990

supporter responded with the photo of

622

00:24:49,379 --> 00:24:47,230

stolen and vandalised posters with the

623

00:24:52,200 --> 00:24:49,389

message quote when I was in hospital

624

00:24:54,509 --> 00:24:52,210

last week my husband removed quite a few

625

00:24:57,600 --> 00:24:54,519

vaccination posters he took them to the

626  
00:24:59,519 --> 00:24:57,610  
car and edited them but didn't manage to

627  
00:25:02,580 --> 00:24:59,529  
put the edited versions back up

628  
00:25:03,930 --> 00:25:02,590  
unfortunately and quote a registered

629  
00:25:05,879 --> 00:25:03,940  
nurse who works in a Melbourne Hospital

630  
00:25:07,950 --> 00:25:05,889  
told how she stole the health

631  
00:25:10,980 --> 00:25:07,960  
information from her child's childcare

632  
00:25:12,600 --> 00:25:10,990  
center last year quote these brochures

633  
00:25:15,539 --> 00:25:12,610  
were scattered all over my kids

634  
00:25:18,119 --> 00:25:15,549  
childcare needless to say I took every

635  
00:25:20,789 --> 00:25:18,129  
single copy home for recycling they

636  
00:25:24,419 --> 00:25:20,799  
didn't know who did it the poster is

637  
00:25:28,259 --> 00:25:24,429  
huge it's hard to see ugh made me sick

638  
00:25:30,119 --> 00:25:28,269

and quote here it was mission impossible

639

00:25:32,940 --> 00:25:30,129

but pretending to look at other

640

00:25:35,820 --> 00:25:32,950

brochures I just grabbed them there were

641

00:25:39,659 --> 00:25:35,830

40 to 50 of them I also removed the

642

00:25:42,350 --> 00:25:39,669

reorder application LOL and quote and

643

00:25:46,230 --> 00:25:42,360

i'm the president of the committee LOL

644

00:25:48,930 --> 00:25:46,240

end quote Mary parks when artists who

645

00:25:50,430 --> 00:25:48,940

now lives in mullum bimby boasted she

646

00:25:53,730 --> 00:25:50,440

did the same thing at the local

647

00:25:56,879 --> 00:25:53,740

parenting rooms at Townsville shopping

648

00:26:00,090 --> 00:25:56,889

centres quote ripping them up and

649

00:26:01,980 --> 00:26:00,100

bidding them end quote and that story

650

00:26:05,100 --> 00:26:01,990

was from Grant MacArthur and Jane Hansen

651  
00:26:24,750 --> 00:26:05,110  
as reported after Daily Telegraph Daily

652  
00:26:29,409 --> 00:26:27,130  
be reasonable it's a podcast in a

653  
00:26:31,570 --> 00:26:29,419  
MERSEYSIDE skeptic society hosted by

654  
00:26:33,310 --> 00:26:31,580  
Michael Marshall in each monthly

655  
00:26:35,470 --> 00:26:33,320  
interview we'll examine belief from

656  
00:26:37,090 --> 00:26:35,480  
outside of the mainstream exploring how

657  
00:26:38,880 --> 00:26:37,100  
those views are constructed and more

658  
00:26:41,799 --> 00:26:38,890  
evidence people feel support their case

659  
00:26:44,320 --> 00:26:41,809  
on the latest issue I speak with author

660  
00:26:46,960 --> 00:26:44,330  
and ESP researcher Ian Clark about his

661  
00:26:49,090 --> 00:26:46,970  
book for 26 am and about his belief that

662  
00:26:51,640 --> 00:26:49,100  
humans can communicate via electrical

663  
00:26:53,440 --> 00:26:51,650

signals I've been told by various people

664

00:26:56,440 --> 00:26:53,450  
for an hour Occam's razor it was

665

00:26:59,409 --> 00:26:56,450  
probably coincident and all I could say

666

00:27:02,080 --> 00:26:59,419  
is no really I promise you it's not

667

00:27:04,270 --> 00:27:02,090  
coincident here what ian had to say as

668

00:27:07,180 --> 00:27:04,280  
well as finding back issues the show by

669

00:27:09,700 --> 00:27:07,190  
searching merseyside skeptics org UK

670

00:27:19,420 --> 00:27:09,710  
forward slash podcasts are looking for

671

00:27:27,830 --> 00:27:24,320  
hey Heidi oh hi Joe hi Heidi oh hi

672

00:27:31,040 --> 00:27:27,840  
Maynard hi Maynard oh hi Joe nice day in

673

00:27:34,910 --> 00:27:31,050  
this park yeah yes great weather oh look

674

00:27:38,060 --> 00:27:34,920  
a unicorn a unicorn there are no such

675

00:27:40,670 --> 00:27:38,070  
things as unicorn silly yes there are no

676

00:27:43,160 --> 00:27:40,680

there isn't hey ladies what are you

677

00:27:46,640 --> 00:27:43,170

arguing about Joe thinks unicorns are

678

00:27:50,150 --> 00:27:46,650

real they fo are let's look this up in

679

00:27:52,400 --> 00:27:50,160

the skeptics dictionary the word how can

680

00:27:54,740 --> 00:27:52,410

we do that in this park there are no

681

00:27:57,050 --> 00:27:54,750

computers here you ladies probably don't

682

00:28:00,110 --> 00:27:57,060

know about the skeptics dictionary app

683

00:28:03,260 --> 00:28:00,120

available now for iPhone iPad and iPod

684

00:28:05,240 --> 00:28:03,270

touch in the App Store yeah we do we've

685

00:28:09,440 --> 00:28:05,250

been listening to the skeptic zone for

686

00:28:11,780 --> 00:28:09,450

years you know yes ok the app lets you

687

00:28:15,500 --> 00:28:11,790

access all the great skeptics dictionary

688

00:28:18,320 --> 00:28:15,510

articles when you're on the go yeah let

689

00:28:21,530 --> 00:28:18,330

me look up unicorns oh cool Heidi

690

00:28:23,720 --> 00:28:21,540

prepare to be proven wrong it says here

691

00:28:27,080 --> 00:28:23,730

the Unicorn is a creature from fables

692

00:28:28,580 --> 00:28:27,090

aha actually I see now that someone just

693

00:28:31,820 --> 00:28:28,590

dumped their ice cream cone on that

694

00:28:42,010 --> 00:28:31,830

horse's head thanks detainee iPhone

695

00:28:51,350 --> 00:28:44,230

what we want is some more evidence

696

00:28:51,360 --> 00:28:57,639

hello this is Joe alabaster

697

00:29:03,460 --> 00:29:00,200

the following is a letter to the editor

698

00:29:07,129 --> 00:29:03,470

from Professor Rob Morrison oam and

699

00:29:09,109 --> 00:29:07,139

professor Alastair mclennan AO vice

700

00:29:15,080 --> 00:29:09,119

presidents of friends of science in

701  
00:29:17,269 --> 00:29:15,090  
medicine the government is struggling to

702  
00:29:19,330 --> 00:29:17,279  
find savings and about to make real

703  
00:29:22,249 --> 00:29:19,340  
inroads into pathology services

704  
00:29:25,219 --> 00:29:22,259  
prescriptions and other valuable medical

705  
00:29:27,320 --> 00:29:25,229  
benefits of proven effectiveness the

706  
00:29:29,629 --> 00:29:27,330  
treasurer asks for suggestions as to

707  
00:29:33,549 --> 00:29:29,639  
where alternative savings might be made

708  
00:29:36,229 --> 00:29:33,559  
so here are three first remove

709  
00:29:38,749 --> 00:29:36,239  
pseudo-scientific mystical ineffective

710  
00:29:41,239 --> 00:29:38,759  
alternative treatments from those which

711  
00:29:43,519 --> 00:29:41,249  
can claim a health fund rebate or any

712  
00:29:46,639 --> 00:29:43,529  
other government subsidies using

713  
00:29:49,700 --> 00:29:46,649

taxpayers money the government's own top

714

00:29:52,639 --> 00:29:49,710

research body the NHMRC has just

715

00:29:55,159 --> 00:29:52,649

produced a major report showing that 19

716

00:29:57,019 --> 00:29:55,169

common alternative therapies from

717

00:29:59,960 --> 00:29:57,029

naturopathy to homeopathy have

718

00:30:04,849 --> 00:29:59,970

inadequate evidence of efficacy what

719

00:30:07,369 --> 00:30:04,859

more do you need second stop wasting any

720

00:30:09,289 --> 00:30:07,379

more taxpayers money in subsidizing the

721

00:30:11,779 --> 00:30:09,299

teachings of these spurious treatments

722

00:30:14,149 --> 00:30:11,789

which can now be pursued in a variety of

723

00:30:17,830 --> 00:30:14,159

organizations from fly-by-night

724

00:30:21,499 --> 00:30:17,840

operations to universities and third

725

00:30:23,899 --> 00:30:21,509

stop wasting yet more taxpayers money in

726

00:30:26,239 --> 00:30:23,909

loans to students who study these

727

00:30:29,509 --> 00:30:26,249

courses few of whom will ever earn

728

00:30:31,669 --> 00:30:29,519

enough to repay them these simple

729

00:30:35,149 --> 00:30:31,679

measures will save millions of dollars

730

00:30:38,180 --> 00:30:35,159

the UK took these steps years ago why

731

00:30:40,210 --> 00:30:38,190

don't we are the political donations

732

00:30:43,279 --> 00:30:40,220

from the alternative medicine and

733

00:30:46,899 --> 00:30:43,289

pharmaceutical quarters just too big to

734

00:30:50,690 --> 00:30:46,909

lose professor Rob Morrison Oh am

735

00:30:53,029 --> 00:30:50,700

professor Alasdair mclennan AO vice

736

00:30:58,249 --> 00:30:53,039

president's friends of science in

737

00:31:00,440 --> 00:30:58,259

medicine to learn more about friends of

738

00:31:06,379 --> 00:31:00,450

science in medicine or join to support

739

00:31:10,190 --> 00:31:06,389

their work visit [wwii.am.medicine.org.au](http://wwii.am.medicine.org.au)

740

00:31:10,700 --> 00:31:10,200

you sign up for their newsletter via the

741

00:31:12,980 --> 00:31:10,710

website

742

00:31:16,940 --> 00:31:12,990

or keep up with their latest news via

743

00:31:20,019 --> 00:31:16,950

facebook at [facebook.com/friends](https://www.facebook.com/friends)

744

00:31:35,060 --> 00:31:20,029

of science in medicine and on twitter at

745

00:31:40,519 --> 00:31:38,610

hi this is Heidi Robertson from the

746

00:31:43,399 --> 00:31:40,529

Northern Rivers vaccination supporters

747

00:31:46,019 --> 00:31:43,409

we are a group of concerned citizens

748

00:31:48,600 --> 00:31:46,029

dedicated to promoting good science and

749

00:31:51,659 --> 00:31:48,610

common sense in our region the far north

750

00:31:53,460 --> 00:31:51,669

coast of New South Wales this area are

751  
00:31:56,460 --> 00:31:53,470  
famous for its natural beauty and

752  
00:32:00,090 --> 00:31:56,470  
relaxed lifestyle also has the lowest

753  
00:32:02,159 --> 00:32:00,100  
rates of vaccination in Australia we are

754  
00:32:04,590 --> 00:32:02,169  
out to change that by challenging the

755  
00:32:06,269 --> 00:32:04,600  
myths and misinformation and by

756  
00:32:09,570 --> 00:32:06,279  
providing good evidence based

757  
00:32:11,430 --> 00:32:09,580  
information to the community we'd love

758  
00:32:15,060 --> 00:32:11,440  
for you no matter where you are in the

759  
00:32:22,649 --> 00:32:15,070  
world to join our fight please visit our

760  
00:32:25,470 --> 00:32:22,659  
webpage at ww nrvs info we also have a

761  
00:32:29,789 --> 00:32:25,480  
link there to our facebook page tweet us

762  
00:32:32,399 --> 00:32:29,799  
at in our fax supporters that's vix and

763  
00:32:35,039 --> 00:32:32,409

check us out on Wikipedia by searching

764

00:32:51,060 --> 00:32:35,049

for Northern Rivers vaccination

765

00:32:56,080 --> 00:32:53,620

thank you for listening to the skeptic

766

00:32:58,960 --> 00:32:56,090

zone I think it's probably going to be a

767

00:33:01,539 --> 00:32:58,970

bit of an abbreviated skeptic zone next

768

00:33:05,730 --> 00:33:01,549

week because it's sort of clashes a bit

769

00:33:12,100 --> 00:33:08,529

Merry Christmas everybody I'm going to

770

00:33:14,049 --> 00:33:12,110

be spending Christmas with my mum yeah

771

00:33:15,760 --> 00:33:14,059

because my mum makes the best peanut

772

00:33:17,789 --> 00:33:15,770

butter cookie says I've might have

773

00:33:20,169 --> 00:33:17,799

mentioned before on the skeptic zone

774

00:33:22,930 --> 00:33:20,179

looking forward to that I am looking

775

00:33:26,019 --> 00:33:22,940

forward to that but from the skeptic

776

00:33:29,409 --> 00:33:26,029

zone from myself from Stefan sojka from

777

00:33:33,430 --> 00:33:29,419

Maynard Joe alabaster Heidi Robinson

778

00:33:34,899 --> 00:33:33,440

Iran sir give dr. Richie and now

779

00:33:40,960 --> 00:33:34,909

voiceover man Jim will show a Merry

780

00:33:42,789 --> 00:33:40,970

Christmas indeed and well sneak out one

781

00:33:45,220 --> 00:33:42,799

more episode I think before the new year

782

00:33:46,750 --> 00:33:45,230

anyway but for now this is Richard

783

00:33:54,070 --> 00:33:46,760

Saunders reaching for another peanut

784

00:33:55,659 --> 00:33:54,080

signing off from Sydney Australia you've

785

00:33:59,500 --> 00:33:55,669

been listening to the skeptic zone

786

00:34:02,560 --> 00:33:59,510

podcast visit our website at wwc a pig's

787

00:34:06,460 --> 00:34:02,570

on TV for contacts and archive of all

788

00:34:08,740 --> 00:34:06,470

episodes since 2008 and our online store

789

00:34:11,460 --> 00:34:08,750

please support the skeptic zone by

790

00:34:14,470 --> 00:34:11,470

following us on twitter at skeptic zone

791

00:34:17,530 --> 00:34:14,480

liking us on facebook and leaving a

792

00:34:20,409 --> 00:34:17,540

review on iTunes you can also show your

793

00:34:23,349 --> 00:34:20,419

support by subscribing via paypal or as

794

00:34:25,149 --> 00:34:23,359

little as ninety-nine cents a week the

795

00:34:26,770 --> 00:34:25,159

skeptic zone is an independent

796

00:34:29,200 --> 00:34:26,780

production the views and opinions

797

00:34:31,599 --> 00:34:29,210

expressed on the skeptic zone and not

798

00:34:35,400 --> 00:34:31,609

necessarily those Australian skeptics or